President’s Message
M. Carolyn Thomas, President

As promised earlier, my goals for 2005-2006 are to continue the efforts of past and current leaders to (a) provide quality member services in economically challenging times, (b) increase resources available to group counselors, (c) strengthen the voices of all divisions within ACA, (d) educate our members about ethics and best practices in group counseling, and (e) advocate legislation beneficial to group counseling. I am attempting to build a team of leaders characterized by diversity, community, integrity, creativity and positive group process.

Our 2006 ASGW Conference will hopefully live up to the theme, A Gathering of Group Workers: Connecting and Creating Community. You are aware that Hurricane Katrina has devastated parts of Southern Alabama, and the Grand Marriott Resort was badly damaged. We are changing the location of the conference from the Marriott Grand Hotel in Point Clear, AL to the Riverview Plaza Hotel in Mobile, AL. The Riverview Plaza is a very nice facility in a wonderful city. The conference will still be held January 10th - 13th, 2006. Please do not let a change of location keep you from registering for the conference. We will have a successful conference and we will live up to our theme and build a community of creative group workers. Registration information for both the conference and Riverview Plaza Hotel is on the ASGW web site. If you already made reservations at the Grand, you can easily change your reservations to the Riverview Plaza. We have planned a great conference, so register early.

The publication, Group Work Experts Share Their Favorite Activities: A Guide to Choosing, Planning, Conducting, and Processing, is being reprinted and will be available at the conference. We are also in the process of making a series of new videotapes that will be valuable resources for ASGW members, and will be available as DVDs as well.

Two other goals are to start new state and international ASGW branches, and communicate more personally with members. We need your involvement to accomplish these goals. In a previous message, I asked “What is your dream for group work?” “Where in our organization would you like to help us grow?”, and “What personal gifts would you like to contribute to the field and to our association?” Please respond to this call and join our efforts in making ASGW a professional association people want to join because we build a culture where members grow because of the way we treat each other.

I look forward to hearing from you soon and seeing you at the 2006 ASGW Conference.

Call for Nominees

Eminent Career Award and Professional Advancement Award
The ASGW Awards Committee is seeking nominations for the Eminent Career Award and for the Professional Advancement Awards. Nominations in either category should address the nominee’s outstanding activities and contributions to the field of group work. Additional letters speaking to the nomination would be welcome. Letters should identify which award is being sought.

Eminent Career Award: This highest award is intended to recognize major contributions made to the field of group work by an ASGW/ACA member. Credentials and letters of recommendation for the nominee should convey the national or international influence the individual has had on group work over a period of time.

Professional Advancement Awards: These awards are made to recognize the outstanding activities of individuals who help advance the field of group work through any one of the following: research, development of a new technique or theory, public relations, legislative activities, or group work practice.

Nominations and supporting letters must be received by January 31, 2006 and should be sent to Lorraine J. Guth, Ph.D., Indiana University of Pennsylvania, Department of Counseling, 206 Strouffer Hall, Indiana, PA 15705. Nominations may also be sent by e-mail to lguth@iup.edu. The award recipients will be announced at the ASGW Luncheon at the ACA Conference in Montreal, Quebec Canada.

In this Issue:

President-Elect 2
AGTI 3
Emerging Leadership Workshop 5
Practice Ideas 7
State Branches Conference Info 4, 8-11
A Message from the President-Elect

Maria Riva

So what first attracted me to group work? I was a beginning counselor in a social service agency that did few groups. I also had many clients who had been sexually abused as children and although group treatment was considered the treatment of choice, little information was available about how to actually conduct the groups. I read everything I could find and I went to numerous conferences. I learned a great deal from talking to group leaders about what was therapeutic and from sexual abuse victims about what was NOT therapeutic. Since I felt pretty green as a counselor and even less confident as a group leader, I learned to listen carefully and ask a lot of questions. Along the way, I also received some excellent training in group work and luckily was steered to join ASGW. In this organization I have found mentors and friends who have been extremely willing to share their expertise with me. I have found this collaborative spirit to be remarkable when many organizations seem to rely on hierarchical structures and competition.

One of the best parts of being involved in ASGW is being around people who really respect the power of group work, and who know how to intervene in groups to help others. Over the past 25 years I have come to recognize that there are people who conduct groups primarily because they believe them to be efficient while other group leaders choose group work because it is effective. From its inception in 1973, ASGW has continued to focus on the effectiveness model of group work. Research has consistently shown that therapeutic groups are effective for a large number of different problem areas and for group members across the entire age range. To its credit, ASGW has also taken a broad view of “group work” appreciating that group dynamics play a role in all types of groups such as work groups, athletic teams, academic classes, staff meetings, etc. In this way, group leaders provide help to small and large groups in diverse formats, settings, populations, and group themes. Being trained as a group leader has allowed me to intervene more successfully in many avenues of my life. I am pleased that in a time when group work is increasing, we have taken a broad view of groups, respect the essential components of culture and diversity, see groups as effective, appreciate the complexities of group dynamics, and consider the importance of training ethical and competent group leaders. It is an exciting time to think about all of the ways that we can use our group skills to help others. It is also a time for me to say thank you to all of the group workers who have contributed to my knowledge of and passion for group work. I know that ASGW will continue to be an organization that is collaborative, shares its expertise, and is focused on ethical and effective group work.

Barbara Gazda Scholarship Nominees Sought

Two $200 scholarships are available to support students and/or new professionals to attend the ASGW National Conference, January 10-13, 2006 in Mobile, Alabama.

Applicants must submit a 300-500 word written statement that:

1. Confirms ASGW membership;
2. Identifies the university and degree program in which the applicant is currently enrolled or from which the applicant recently graduated;
3. Includes a statement of the applicant’s interest and experience in group work, including ways in which the applicant is likely to benefit professionally from attending the conference.

Applicants should also provide the following information: name, mailing address, e-mail address, contact number(s), and social security number. Electronic submissions are preferred and may be submitted via e-mail (attachment) to: kelly.mcdonnell@wmich.edu. Submissions via regular mail should include three (3) typed and double spaced copies of the application to: Kelly McDonnell, Ph.D., Western Michigan University, Department of Counselor Education and Counseling Psychology, 3102 Sangren Hall, Kalamazoo, MI 49008. Applications must be received by November 1, 2005.

Questions may be directed to Kelly McDonnell at kelly.mcdonnell@wmich.edu or 269-387-5107. Information about the conference can be found on the Association for Specialists in Group Work website at http://www.asgw.org/
Ozaukee County (WI) Human Services Hosts Advanced Group Training Institute

Submitted by Jim Trotzer and Ed Jacobs

The Advanced Group Training Institute initially scheduled to be offered at the University of Wisconsin-Oshkosh was conducted in an intensive three-day format July 19-21, 2005 in Port Washington, Wisconsin under the auspices of the Ozaukee County Department of Human Services. Although the original Institute was cancelled due to low enrollment, one of the enrollees, Megan Fenno, MSW, APSW, wanted the training seriously enough to take the initiative to contact her administrators for funding and devise a plan to offer the Institute at their facility in the beautiful little town of Port Washington, WI on the shore of Lake Michigan. She contacted enrollees from the UW-O program and invited professionals from her own department and other mental health service agencies in the area. She recruited a group of 14 participants, all of whom were directly involved in conducting groups in a variety of mental health, private practice, community agency and educational settings.

Ed Jacobs and Jim Trotzer teamed up to present the program combining their signature approaches of Impact Therapy and Problem Solving Group Work with extensive experiential opportunities to practice leadership skills, tools and approaches. Micro-labs were utilized to engage participants in role play situations reflecting the different populations the participants serve, to addressed various issues, techniques and phases of the group process, and to engage in group problem-solving using self-selected, real life problems. The trainers served as supervisors and consultants and facilitated reflective and deep processing of the labs. Participants experienced the group process in the primary roles of members, leaders and process observers and had the opportunity to try out their own techniques and receive constructive feedback from their peers and the training faculty. The participants received 18 hours of continuing education credit (1.8 CEUs) in group work for their participation.

The following unsolicited email relative to the Institute was received from Paul D. Grady, LCSW, one of the participants, and is reprinted here in part with his permission: "I wanted to thank you once again for the great training. It has certainly made an impact on what I am doing with clients. It has been great also to have colleagues who attended to keep the energy alive. We have used the principles you taught us to change the dynamics of our staff meetings. There has been some resistance but generally it has gone very well. Probably the biggest change has been the clarity of focus. Openings and closing have not been real well received and we have tried some exercises (rounds and team building) that have had a lukewarm reception. I have used the framework and specific exercises in all my groups as well as with some individual cases. It has been great. But the best has been that I just used it in a training that I did for Youth Workers at a Residential treatment facility. It was fantastic!!! I was able to grab their attention, keep it (not boring), and I think it energized me as much as it did them. Then today I co-led a family session with Chris who was at the training. He had started using the taped box on the floor exercise and we took it even deeper this session including not only the family but also many of the providers working with this family. Several of us are looking to find someone in the area that can supervise us to continue to challenge ourselves in the way you guys did. Again, Thank you so much. The training has given me new energy I have not felt for quite a while."

Ed and Jim both thoroughly enjoyed the opportunity to work with this motivated and talented gathering of group workers and enthusiastically commend the format, focus, process and administrative framework that emerged in this version of the Advanced Group Training Institute. We promoted ASGW and the National Conference and will not be surprised if we see the faces of several of the participants in Alabama and at ASGW functions in the future.

ASGW Emerging Leaders Workshop: “What's Possible?”

Submitted by Bob Coyne

Involvement in the 3-hour ASGW Emerging Leaders Workshop at the 2006 ASGW National Conference is by invitation only. It is intended for those ASGW members who have been identified as potential leaders in the Association. The workshop is predicated on an “asset development” approach, where the knowledge, skills, and experiences of participants are identified, celebrated, and bolstered through reliance on a variety of group-based involvements. These natural talents are examined in relation to existing leadership opportunities that exist within ASGW, and the question is raised: “What’s Possible?” Through participating actively with others in large and small group activities, the emerging leaders also form connections and develop support for their future action planning related to assuming leadership positions in ASGW, and beyond.

This Workshop is based on the successful Emerging Leaders Workshop that has been conducted over the last five years for ACA, and the one conducted at the previous ASGW national conference in NYC. Its inclusion within ASGW recognizes the value of identifying and connecting its future leaders with the opportunities and needs of the Association.

ASGW leaders may nominate emerging leaders by sending their name, address, phone and e-mail to M. Carolyn Thomas, ASGW President, mthomas@mail.aum.edu. ASGW members interested in becoming more involved and assuming leadership roles may also nominate themselves.

Nominations Sought for Group Work Practice Award

The ASGW Awards Committee is seeking nominations for the Group Work Practice Award. The purpose of this award is to recognize an outstanding practitioner in group work. Recognition may be for any area of group work covered by the ASGW Professional Standards and nominees must be members of ASGW.

A nomination letter and two supporting letters should address the following points:
1. Scope of practice of nominee to include: a. Type of group work b. Client population served c. Practice setting
2. Innovations in group work practice by the nominee.
3. How nominee has disseminated group work skills through workshops, conference presentations, supervision, or training.
4. Evidence of nominee’s significant contribution to group work practice.

Nominations and supporting letters must be received by January 31, 2006 and should be sent to Loraine J. Guth, Ph.D., Indiana University of Pennsylvania, Department of Counseling, 206 Stouffer Hall, Indiana, PA 15705. Materials may also be sent by e-mail to lguth@iup.edu. The award recipient will be announced at the ASGW Luncheon at the ACA Conference in Montreal, Quebec Canada.
ASGW 2006 National Conference
HIGHLIGHTS

KEYNOTE SPEAKER—Wednesday Morning Plenary Session
Ligando y Creando una Comunidad- Enseñanzas de los Mestizos
Patricia Arredondo

Proverbs or dichos from Mestizo cultures offer lessons for community and generation-building. Examples will be offered about the values of familismo and personalismo for fostering support networks and continuity of the “extended and interdependent” group.

Preconference Tuesday All-Day Workshop*
CHALLENGES FACING GROUP LEADERS
Marianne Schneider Corey and Gerald Corey

Resistance in a counseling group is displayed by a variety of problematic behaviors manifested by group members. These behaviors provide fruitful avenues of exploration that can reveal important clues about a member's interpersonal style outside of the group. Focus is on the group leader's role in reducing resistance. If group leaders demonstrate a willingness to explore and understand members' defensive behavior, the group is likely to progress. The presenters will focus on strategies for: creating trust in a group; dealing with difficult behaviors displayed by group members; exploration of conflict within the group; teaching members how to recognize and deal with their reluctance; and assisting both group leaders and members in dealing effectively with challenges often posed in a group. Role-playing and a live demonstration of a group session will be used to illustrate ways of working therapeutically with difficult group members. The video, Challenges Facing Group Leaders, will be shown and discussed.

* Please note: It is possible to attend the morning session only; however, the afternoon session is only open attendees who have also participated in the morning session of this workshop.

Preconference Tuesday Afternoon Workshop
MALE SEXUAL ABUSE: MOVING FROM SHAME TO JOY
with Michael Hutchins

A growing number of men are acknowledging having experienced sexual abuse and trauma as youths. As group workers, we are likely to have men who have had such experiences in our counseling groups. In this workshop, participants will work collaboratively to more fully understand the dynamics and impact of male sexual abuse and will explore ways to assist group members move toward a healthy integration of sexuality. Participants will examine some of their beliefs and feelings related to sexuality and ways of addressing sexual issues in a group counseling setting.

Preconference Tuesday Afternoon Workshop
USING EXPRESSIVE ARTS IN GROUPS WITH CHILDREN AND ADOLESCENTS
with Pam Paisley

This experiential session will feature methods of incorporating visual arts, children’s literature, creative writing, and music in group work with children and adolescents. A brief PowerPoint presentation will also be included. This session will allow participants to become familiar with the rationale for the use of expressive arts in working with groups for children and adolescents while experiencing a variety of media presentations and activities appropriate for various stages of group work.
“Why in the world would anyone want to put a bunch of ADD kids together in one room?” asked David, a 15-year-old sophomore attending his first ADD group.

ADD is one of the most researched, debated, understood and misunderstood conundrums of modern time. Just mention the term in any school setting to any teacher and you can see their body shift, eyes roll and a deep sigh, long and low, expel from their lips. Most teachers count themselves lucky if they only have a handful of ADD students in their classes. So what might it be like to have a class or in my case a group, in which all of the students have been diagnosed with some degree of ADD/ADHD?

That was the question when I was asked if I would like to try to form a group for ADD students in a large suburban high school. I had found a group facilitator’s Shangri-La because the culture not only accepted groups as a part of the school day, but encouraged students to get in involved in groups. I had just been hired as a student assistance counselor and I was anxious to try a group that had not been tried before.

Impulsivity first manifests itself as the ability to make a quick decision, to sort through a lot of data quickly and arrive at a conclusion. The problem is that the same burst of energy that a Hunter can bring to the hunt is brought to an impulsive decision. “Wow, yeah, let’s do that!” (Hartmann 1997, p. 53-4)

As a self-diagnosed ADD adult who has raised two ADD children I jumped at the chance to facilitate this group. The guidance counselors submitted some names and as I began to interview my prospective members I was surprised that almost every student agreed, and our first ADD group was born. I was confident that Yalom’s curative factors (Yalom, 1985) of universality, altruism, etc. would also apply to this group. Or would putting all of these kids together be a recipe for disaster?

Reality: actual existence; true state of affairs.

Then the questions began to loom in my mind. The first I will call the “wiggle factor.” Would these students be able to concentrate on each other and stay put long enough to have a group? Knowing that working memory problems plague individuals with ADD, would they be able to remember to come to group? What role would medication play, and what if someone forgot his or her medicine that day, or it wore off? Would students protect themselves from ridicule by pretending they didn’t have ADD and not disclose anything? After all, self-disclosure is one of the vehicles to cohesion, and cohesion is paramount to a true group experience — right? How would impulsivity play out in the group?

The day of the first group arrived, and I arranged and rearranged the pillows in the group room, paced and peered down the hallway and wondered what I was doing. And then the first student appeared with a pass in his hand. “Well, at least I have one,” I thought.

Slavson (1952) stated that a group consists of “at least three persons because it is the third and succeeding persons who intro-duce problems and stresses that do not ordinarily exist in two person relationships” (Trotzer, 1989, p.223).

Finally, my worries subsided as I saw them coming one by one with passes in their hands, just like all of the other group members had done for years before them. They sat on the floor on the well-worn pillows and participated in the ice breaker just like group members before them had. They helped create a list of rules just like the rest – with a couple of exceptions.

Creativity: characterized by originality, expressiveness; imaginative

This group is the only group that felt the need to make the rule, “Keep your clothes on.” I believe that the general guideline of school society covers that, but nonetheless the rule stood. Over the years, the list of unique rules has grown. They state that they may not spit, hit each other, or pass gas. Every year I chuckles as another interesting rule is dutifully put on the rule sheet.

It has been six years since I nervously sat with my first ADD group. In fact, the demand was so great that I added a second one. It has been a fascinating, delightful, and challenging experience. When I first meet a new group of ADD students I already “know” them. I know them from the knowing part of me that says “I’ve been there, I know your struggle, and I am one of you.”

Protecting is the skill of preventing individual members from being unduly criticized.
Continued from Pg 5

scaepgoated or hurt in a non therapeutic manner (Trotzer, 1989).

I will put in a serious word of caution to all who are willing or may
be mandated to run this kind of group. Some of the trepidations I had about a group with this population are real, and can make
this group difficult, or even disastrous, if extreme attention is not
paid to the ever-changing dynamics unfolding before you. Things
can change on a dime, and protection of your group members is
your first priority.

Recipe for Disaster?

1. **Wiggle factor** – My experience is that having 6-8 ADD
    students together, many of whom are hyperactive, seems
to have a calming effect. It may be that the atmosphere
of a group allows them to relax. Occasionally I have a
student who needs to stand up for a few minutes, but they
are more likely to fall asleep than be hyperactive.

2. **Unreliable memory** – Although it is a problem for most
    student with ADD, it does not seem to effect their
    attendance; in fact they are the most loyal and reliable
    group members. They may have learned ways to cope
    with their unreliable memories and take the responsibility
to make sure all of the members attend. In fact, they are
the group members who consistently come before
school to pick up passes for themselves and for the other
members.

3. **Medicine** – This seems to be the most hotly contested
topic in my ADD groups. The major themes seem to
range from “I can’t do school with out it,” I used to take
____; ____ or ____ and I hated the way I felt;” to “I was
a zombie so I don’t take any now”. Some students just take
medicine for major tests or exams. These medication
themes translate into many moods and changeable
behaviors. A student may be focused and serious one
week, then silly and bouncy the next. It is best to expect
the unexpected. It is important to ensure that if influential
members don’t take their medicine, group members
who do take medicine are not unduly influenced.

4. **Self-disclosure** – This has not been a problem for the ADD
    groups I have had. In fact, quite the opposite has been
true. A few weeks into the group my second year, a very
outspoken young lady posed the following question to the
group, “How many of you had to sit at a desk with a card
board screen around it in elementary school?”

As for Max, himself, he felt confused. He tried to do what he was
told, like sit still and pay attention or keep his hands to himself,
but he found that in spite of his best efforts he couldn’t do these
things. (Hallowell & Ratey, 1994, p. 46)

With that a flood of memories and emotions poured out. It could
be termed the critical incident for that group that held them
together for the next 3 years. They were finally with a group of kids
who understood the frustration and humiliation endured as a result
of having ADD.

5. **Impulsivity** – one of the most familiar symptoms of ADD
    plays out most often in the form of blurt out and talking
on top of someone else. But my experience is that inter-
rupting comes from their unreliable memory. As they listen
to the other group members and a thought comes to
mind, they fear the thought will disappear if not said
immediately. Over the years the students have come up
with a couple of ways to cope. Either they write a key word
on an index card available for that purpose, or they say
a key word the group can remember until their turn
comes. These techniques cut down on interrupting and
losing the thread of the discussion and it allows a member
to participate in a natural rhythm.

Safe Haven

Last Christmas I had lunch with a former ADD group member who is
completing her last year of college. She asked if I was still doing the
groups. I assured her as long as I was there the groups would con-
tinue. Her response surprised me. She said, “No matter what, you
must continue these groups. I would not be who I am and would
not be doing what I am doing if it were not for our group.”

Groups- for any problem, not just ADD- can mobilize positive en-
ergy in ways that are truly remarkable. When groups are properly
run, they are a safe, cost-effective, and highly successful kind of
therapy for ADD (Hallowell & Ratey, 1994, p. 231).

A recent graduate wrote a letter of appreciation. In it he said, “The
group helped me see that I wasn’t the only one that was having
trouble coping with ADD. I wanted to sit down and talk about it with
other students who felt the same way. And that’s exactly what I did.”
(Mike, age 18)

A word about “Normal”

No matter what an ADD student’s experience is in school there is
the nagging feeling that something isn’t quite right or normal. The
therapeutic factors of cohesion, catharsis and universality may help
explain why having a group of ADD students together in one room
is so powerful. The group experience may be the first time they real-
ize, “they are not so different from others” (Trotzer, 1989). Univers-
ality allows the group to become “normal” and within the setting of
normal, they can begin to feel, maybe for the first time, that they
really belong (cohesion). I rarely see hyperactive behavior; maybe it
is just not necessary.

I once posed the question, “if you could wake up tomorrow and
you would no longer have ADD, would you take that option?” The
answer was and is to this day a resounding “NO!” After all of the
years of struggle with school work and homework and in some
cases being teased, shunned, and feeling different, different is
what they didn’t want to give up. The most common comment was
that they would be just like everyone else. Of all the students I have
asked this question, I have only had one who said he wanted to
wake up and not have ADD. In fact many students are protective of
their ADD and a few years ago when it was a high school thing
to have ADD and be “hyper,” these students were indignant that
anyone would ride the “cool” wave of ADD without paying the dues.

References

Hallowell, E. M. & Ratey, J. J. (1995). Driven to distraction: Rec-
cognizing and coping with attention deficit disorder from childhood
through adulthood. New York: Simon & Schuster

Hartmann, T.C. (1993). Attention deficit disorder: A different
perception (2nd ed). Grass Valley, CA: Underwood Books

theory, training and practice. (2nd ed). Muncie, IN: Accelerated

Books

Yalom, I.P. (1985). The theory and practice of group psycho-
State Branches
Submitted by Jean Underfer-Babalis

Advance the cause of group work, enjoy the camaraderie of group workers, and learn more about the progress of group work by contacting and joining a state branch of the Association of Specialists in Group Work (ASGW). So many of the state branches of ASGW are having interesting and stimulating group work conferences and workshops.

If there is not a state branch of ASGW in your state, consider starting a branch. For assistance in this matter see the contact information for me, Jean Underfer-Babalis, and I will be happy to assist you in this process. I have been involved in state work for more than a decade now and have found it rewarding. Plus, I have made great friends and contacts around my state. Consider the possibilities.

ASGW State Branches Contact Information

<table>
<thead>
<tr>
<th>State</th>
<th>Branch Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>AR</td>
<td>Sandra Rowe</td>
</tr>
<tr>
<td></td>
<td>501.624.5286 x 16</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:sdrowe@cablelynx.com">sdrowe@cablelynx.com</a></td>
</tr>
<tr>
<td>CA</td>
<td>Dr. Paul De Sena</td>
</tr>
<tr>
<td></td>
<td>310.338.2863</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:padesena@LMUmail.lmu.edu">padesena@LMUmail.lmu.edu</a></td>
</tr>
<tr>
<td>MI</td>
<td>Dr. Lisa Hawley</td>
</tr>
<tr>
<td></td>
<td>248-370-2841</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:hawley@oakland.edu">hawley@oakland.edu</a></td>
</tr>
<tr>
<td>MS</td>
<td>Dr. Phil Cooker</td>
</tr>
<tr>
<td></td>
<td>University of Mississippi</td>
</tr>
<tr>
<td></td>
<td>139 Guyton Hall</td>
</tr>
<tr>
<td></td>
<td>University, MS 38677</td>
</tr>
<tr>
<td></td>
<td>662-915-7197</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:Cooker@olemiss.edu">Cooker@olemiss.edu</a></td>
</tr>
<tr>
<td>NE</td>
<td>Ms. Geraldine Brown</td>
</tr>
<tr>
<td></td>
<td>1007 West 14th St.</td>
</tr>
<tr>
<td></td>
<td>McCook, NE 69001</td>
</tr>
<tr>
<td></td>
<td>308-345-2932 office</td>
</tr>
<tr>
<td></td>
<td>308-345-4403 home</td>
</tr>
<tr>
<td></td>
<td>308-345-2932 fax</td>
</tr>
<tr>
<td>NC</td>
<td>Myra Morgan</td>
</tr>
<tr>
<td></td>
<td>12310 Holt-Kay Drive</td>
</tr>
<tr>
<td></td>
<td>Midland, NC 28107</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:myra_morgan@scs.k12.nc.us">myra_morgan@scs.k12.nc.us</a></td>
</tr>
<tr>
<td>NJ</td>
<td>Dr. Jesse DeEsch</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:ddeesch@rider.edu">ddeesch@rider.edu</a></td>
</tr>
<tr>
<td></td>
<td>609-895-5487 office</td>
</tr>
<tr>
<td></td>
<td>215-968-8881 home</td>
</tr>
<tr>
<td>NY</td>
<td><a href="http://www.acsu.buffalo.edu/~jdelucia/myasgw.html">www.acsu.buffalo.edu/~jdelucia/myasgw.html</a></td>
</tr>
<tr>
<td>New England</td>
<td>Bogusia Molina</td>
</tr>
<tr>
<td></td>
<td>Fairfield University</td>
</tr>
<tr>
<td></td>
<td>Graduate School of Education</td>
</tr>
<tr>
<td></td>
<td>&amp; Allied Professions</td>
</tr>
<tr>
<td></td>
<td>Fairfield, CT 06430</td>
</tr>
<tr>
<td></td>
<td>203-254-4000 ext. 2759 [office]</td>
</tr>
<tr>
<td></td>
<td>203-254-4047 [fax]</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:bmolina@mail.fairfield.edu">bmolina@mail.fairfield.edu</a></td>
</tr>
<tr>
<td>PA</td>
<td>Kurt Kraus</td>
</tr>
<tr>
<td></td>
<td>Department of Counseling</td>
</tr>
<tr>
<td></td>
<td>Shippensburg University of</td>
</tr>
<tr>
<td></td>
<td>Pennsylvania</td>
</tr>
<tr>
<td></td>
<td>Shippensburg, PA 17257-2299</td>
</tr>
<tr>
<td></td>
<td>717-447-1603 [office]</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:kkrau@what.ship.edu">kkrau@what.ship.edu</a></td>
</tr>
<tr>
<td>OH</td>
<td>Jean Underfer-Babalis</td>
</tr>
<tr>
<td></td>
<td>5151 Monroe St., Ste 250</td>
</tr>
<tr>
<td></td>
<td>Toledo, OH 43623</td>
</tr>
<tr>
<td></td>
<td>419.842.0140</td>
</tr>
<tr>
<td></td>
<td>419.842.0142 [fax]</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:JeanUB@destinedformore.com">JeanUB@destinedformore.com</a></td>
</tr>
<tr>
<td>SC</td>
<td>Barbara Melton</td>
</tr>
<tr>
<td></td>
<td>1225 Wildgame Road</td>
</tr>
<tr>
<td></td>
<td>Summerville, SC 29483</td>
</tr>
<tr>
<td></td>
<td>843-851-2785 (h)</td>
</tr>
<tr>
<td></td>
<td>843-723-8002 (w)</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:bmelton@worldnet.att.net">bmelton@worldnet.att.net</a></td>
</tr>
<tr>
<td>VA</td>
<td>Michele Andersen</td>
</tr>
<tr>
<td></td>
<td>(Co-President)</td>
</tr>
<tr>
<td></td>
<td>Shady Slope Court</td>
</tr>
<tr>
<td></td>
<td>Fairfax Station, VA 22039</td>
</tr>
<tr>
<td></td>
<td>703.372.2134</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:m.andersen@cox.net">m.andersen@cox.net</a></td>
</tr>
<tr>
<td></td>
<td>Marlene Guroff</td>
</tr>
<tr>
<td></td>
<td>(Co-President)</td>
</tr>
<tr>
<td></td>
<td>1400 Trap Rd.</td>
</tr>
<tr>
<td></td>
<td>Vienna, VA 22182</td>
</tr>
<tr>
<td></td>
<td>703.757.3026</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:MarliEne.Guroff@fcps.edu">MarliEne.Guroff@fcps.edu</a></td>
</tr>
</tbody>
</table>

Annually ASGW has a “Group-A-Rama”. The next occurrence will be Monday, March 6, 2006 in Annandale VA.

For more information see: www.vasgw.org. Come and join the fun and learn more about being a dynamic and effective group worker.

Leadership
Carolyn Thomas-President
9360 Vaughn Road
Pike Road, AL 36064
334-244-3437 (office)
mithomas@mail.aum.edu

Jean Underfer-Babalis, M.Ed./PCC
5151 Monroe St., Ste. 250
Toledo, OH 43623
419-842-0140-office
419-842-0142-fax
419-508-9648-cell/home
JeanUB@destinedformore.com

To order contact:
ACA Order Services
1-800-422-2648 ext. 222
www.counseling.org
5999 Stevenson Avenue
Alexandria, VA 22304

Check the ASGW
www.asgw.org
Website for updates about the 2006 National Conference
**2006 National Conference Hotel**

With its scenic waterfront setting in the heart of downtown, the Riverview Plaza Hotel offers a terrific destination for the 2006 ASGW National Conference. Come experience the energy and excitement of life in the downtown area as you join your colleagues for a Gathering of Group Workers. Legendary for picturesque gardens, and beautiful antebellum homes, this classic Southern city is a Gulf Coast wonder – and the Riverview Plaza Hotel is perfectly positioned to explore the unique possibilities offered by the city of Mobile, Alabama. The hotel is located in the entertainment district and the Gulf Coast Exploreum Science Center & IMAX Theater are across the street from the hotel, the Museum of Mobile is two blocks away, and within two miles, conference attendees will find the Mardi Gras Museum, Battleship Park, and the Oakleigh Historic District to explore.

**TO MAKE HOTEL RESERVATIONS:**
**Call:** 1-866-749-6069  The room rate is $99 per night for a standard room.

**RESERVATIONS MUST BE MADE BY DECEMBER 9th.**
*There is a limit on the number of available rooms. We suggest you make reservations as soon as possible.*

ASGW has contracted for a minimum room commitment, we ask that you support our professional organization by staying at the conference hotel. Thank you.

---

**Opening Session**

We want very much for all of you to feel that you are part of the community which we are going to build together while you actively participate in the conference. In order for us to accomplish that, we want you to feel personally welcomed to what is to be your conference and for you to feel at home while you are there. Therefore we are going to begin by sharing in an experience that will help old and new ASGW members feel included as members of the conference’s community.

**Closing Session**

There are no endings, so we have planned an opportunity for all of us to spend the last hour of our conference time together. This experience will be designed to universalize those most meaningful moments of the conference so that we all will leave with shared experiences that are long lasting. Therefore we look forward to having you join us on the last day and the last hour of the conference in order to make our concluding experience together memorable for one and all.

---

**GETTING THERE!**

The Riverview Plaza Hotel is located 17 miles from the Mobile Regional Airport and 56 miles from Pensacola. Car rental is reasonable (group together!) or you can arrange for a shuttle service.

Mobile Bay Transportation also offers shuttle service for $25 one-way for one person and $15 each for two or more from the Mobile Airport. They also provide shuttle services from the Pensacola airport. To make advance reservations call 1-800-272-6234.
The Association for Specialists in Group Work (ASGW) is pleased to invite you to attend the 2006 National Conference in Mobile, Alabama. The Riverview Plaza Hotel will be the backdrop for a conference that promises to provide you with excellent opportunities to learn more about the field of group work, strengthen your skills as a group worker, and network with colleagues and friends.

ASGW was founded to promote excellence in group work training, practice and research in both national and international settings. The 2006 national conference strives to do just that with a bit of lagniappe—a little something extra! Whether your interests lie in designing and leading quality task or work groups, psychoeducational groups, counseling or psychotherapeutic groups, you will have the opportunity to learn something new that will enhance your knowledge and practice of group work.

This year’s conference will be held in a beautiful setting overlooking the Mobile Bay waterfront where attendees will be able to gather, connect and continue the essence of our organization: creating community. Please join colleagues who are committed to making group work inspiring experiences for their clientele.

2006 ASGW Conference Schedule

<table>
<thead>
<tr>
<th>Day/Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>January 10</td>
<td>8:30 am–5:00 noon</td>
<td>Preconference Institutes</td>
</tr>
<tr>
<td></td>
<td>6:30 pm–8:00 pm</td>
<td>Opening Session</td>
</tr>
<tr>
<td></td>
<td>8:00 pm–10:00 pm</td>
<td>Welcome Reception</td>
</tr>
<tr>
<td>Wednesday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>January 11</td>
<td>9:00 am–10:00 am</td>
<td>Keynote Session</td>
</tr>
<tr>
<td></td>
<td>10:30 am-12:00 noon</td>
<td>1.5-hour Workshops</td>
</tr>
<tr>
<td></td>
<td>12:00 noon-1:30 pm</td>
<td>ASGW Recognition Luncheon</td>
</tr>
<tr>
<td></td>
<td>1:30 pm–5:00 pm</td>
<td>1.5– or 3-hour Workshops</td>
</tr>
<tr>
<td></td>
<td>5:00 pm–8:00 pm</td>
<td>Reception &amp; Poster Session</td>
</tr>
<tr>
<td>Thursday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>January 12</td>
<td>8:30 am–12:00 am</td>
<td>1.5– or 3-hour Workshops</td>
</tr>
<tr>
<td></td>
<td>12:00 noon–1:30 pm</td>
<td>Networking Luncheon</td>
</tr>
<tr>
<td></td>
<td>1:30 pm–5:00 pm</td>
<td>1.5– or 3-hour Workshops</td>
</tr>
<tr>
<td></td>
<td>6:30 pm–10:00 pm</td>
<td>Special Event: Lagniappe</td>
</tr>
<tr>
<td>Friday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>January 13</td>
<td>9:00 am–10:30 am</td>
<td>1.5-hour Workshops</td>
</tr>
<tr>
<td></td>
<td>10:45 am–12:00 pm</td>
<td>Closing Session</td>
</tr>
<tr>
<td>At All Times</td>
<td>Culture Building</td>
<td>Group Gathering</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Networking</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Exhibits</td>
</tr>
</tbody>
</table>

REGISTER ONLINE AT www.asgw.org

Continuing Education certification will be provided by the American Counseling Association for all educational programs. As an organization approved by the National Board for Certified Counselors (Provider No. 1000) and the American Psychological Association, ACA is offering this activity for continuing education credit. ACA maintains responsibility for the program.

Change of schedule: ASGW’s typical weekend conference has been changed to weekday meetings to accommodate the subsequent vacation weekend. You may wish to continue your stay in the area for the Dr. Martin Luther King, Jr. Holiday weekend that follows.
Name (Print) ____________________________________________

Preferred name (for Badge) _________________________________

Organization (for Badge) ____________________________________

Street Address ____________________________________________

City __________________________________ State ________ Zip _______________ Country ________________

Daytime Phone (______) ______________________ Evening Phone (______) ______________________

E-Mail ________________________________

Special Needs _____________________________________________ I require vegetarian meals.

_____ I am a member of ASGW (Membership will be confirmed by registrar).

_____ ** I am not a member and wish to have the Nonmember registration fee applied to membership in ASGW (professionals only).  Please attach a completed membership form to this registration. See www.asgw.org or The Group Worker for form.

_____ I wish to attend the ASGW National Conference but do not want my registration fee applied to membership in ASGW.

_____ I am a student currently enrolled in a counseling related graduate program. I do not work as a professional in this field.

1. ASGW Preconference Institutes — January 10, 2006

<table>
<thead>
<tr>
<th>Registration Fee</th>
<th>Advance Registration Postmarked by 12/15/05</th>
<th>Onsite Registration After 12/15/05</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Full Day</td>
<td>Afternoon</td>
</tr>
<tr>
<td>ASGW Member</td>
<td>$100</td>
<td>$50</td>
</tr>
<tr>
<td>Nonmember**</td>
<td>$120</td>
<td>$60</td>
</tr>
<tr>
<td>Graduate Student</td>
<td>$60</td>
<td>$30</td>
</tr>
</tbody>
</table>

Please Select the Institute you wish to attend:

- Corey & Corey (full day rate) $ _____
- Hutchins (afternoon rate) $ _____
- Paisley (afternoon rate) $ _____

SUBTOTAL $ ____

2. ASGW National Conference Registration — January 11-13, 2006

<table>
<thead>
<tr>
<th>Registration Fee (Circle)</th>
<th>Advance Registration Postmarked by 12/15/05</th>
<th>Onsite Registration After 12/15/05</th>
</tr>
</thead>
<tbody>
<tr>
<td>ASGW Member</td>
<td>$195</td>
<td>$230</td>
</tr>
<tr>
<td>Nonmember**</td>
<td>$255</td>
<td>$290</td>
</tr>
<tr>
<td>Graduate Student</td>
<td>$115</td>
<td>$140</td>
</tr>
<tr>
<td>Guest (nonprofessional)</td>
<td>$115</td>
<td>$140</td>
</tr>
</tbody>
</table>

REGISTRATION FEE INCLUDES:
- Two Luncheons
- Two Receptions
- Coffee/snack Breaks

SUBTOTAL $ ____

3. Discount for Presenters—Advance Registration Only
Member & nonmember presenters may deduct $40 from their ADVANCE registration.

Student registration fees have already been calculated to include the maximum discount.

Minus $ (_____)

TOTAL PAYMENT ENCLOSED $ __________
Payment Method

Full payment must be enclosed or registration will not be processed.

___ Check or money order payable to Association for Specialists in Group Work enclosed.
___ Visa Credit Card Charge
___ MasterCard Credit Card Charge

Credit Card # ________________________________________________________________
CVC code (last 3 digits next to signature on back) ______________ Expiration Date ______________
Cardholder’s Name at it appears on Credit Card (Print) ______________________________________
Address of Cardholder _______________________________________________________________
Phone Number (______) ____________________________

Authorized Signature ________________________________________________________________

TOTAL PAYMENT ENCLOSED/AUTHORIZED (from previous Registration page) $ _______________________

Please return this form with accompanying payment to:
Virginia Martin
ASGW 2006 Conference Registration
PO Box 640454
Pike Road, AL 36064-0454

Deadline: December 15, 2005
After December 15th, please register onsite at the ASGW 2006 National Conference in Alabama

Cancellation Policy: The cancellation of all registrations will incur a 10% processing fee. For cancellation notification received after 12/15/05, a 50% cancellation fee will be deducted from the registration refund. No refunds will be issued after 12/31/05. All cancellations must be received in writing by Virginia Martin (address above) by the dates indicated.

For information or inquiries, contact Carolyn Thomas at 1-334-244-3437 or asgwconference@charter.net

REGISTRATION IS ALSO AVAILABLE ONLINE AT www.asgw.org
Invitation for Applicants: ASGW Peg Carroll Scholarship

The ASGW Awards Committee invites applicants for the $2,000 scholarship given annually to honor Marguerite "Peg" Carroll, former ASGW President and pioneer in group work. The purpose of the award is to support the study of group work and further the understanding of group dynamics. Any student interested in the field of group work is eligible for consideration by the ASGW Awards Committee. Applicants are requested to respond to the following questions:

1. There are many types of group experiences such as: therapeutic and/or counseling, decision making, task oriented, psychoanalysis, quality circles, classroom meetings, etc. What area interests you the most and why?

2. Where would you obtain training in your area of interest? Be specific in respect to trainers, institutions, workshop sponsors, etc. In addition, describe your intended degree program, if it applies.

3. In what setting(s) and with what population do you hope to use your expertise?

4. How do you plan to assess if you and your groups are making progress? Have you had any experience with these evaluation tools? Explain fully.

5. List the types of groups in which you have participated.

Describe their duration and the positive and negative aspects of each experience and your role (participant, leader, intern, etc.).

6. Describe your participation in professional organizations related to group work.

The application should have a cover sheet with name, address, home and work phone numbers, e-mail address, social security number, and the names and contact information of those writing letters of recommendation.

Letters of recommendation should be solicited from three professionals in the field who are familiar with the applicant’s work. These letters may be from supervisors, mentors, major professors, or other individuals who are knowledgeable about the applicant’s work with groups. These letters should be forwarded directly from the recommendation source to the address listed below and must be received by January 31, 2006. Recommendation letters should address topics such as group counseling skills of the applicant, evidence of ethical behavior, and evidence of professional commitment and potential. Electronic submissions are preferred and may be submitted via email (attachment) to: kelly.mcdonnell@wmich.edu. Submissions via regular mail should include three (3) typed and double spaced copies of the application to: Kelly McDonnell, Ph.D., Western Michigan University, Department of Counselor Education and Counseling Psychology, 3102 Sangren Hall, Kalamazoo, MI 49008. Applications must be received by January 31, 2006. The scholarship winner will be announced at the ASGW Luncheon at the ACA Conference in Montreal, Quebec, Canada. Recipients must be (or become) members of ASGW.

Association for Specialists in Group Work: Mission Statement

The Association for Specialists in Group Work is a division of the American Counseling Association. As counseling professionals who are interested in and specialize in group work, we value the creation of community; service to our members, their clients, and the profession; and leadership as a process to facilitate the growth and development of individuals and groups.

The purpose of the Association shall be to establish standards for professional and ethical practice; to support research and the dissemination of knowledge; and to provide professional leadership in the field of group process; to provide a forum for examining innovative and developing concepts in group work; to foster diversity and dignity in our groups; and to be models of effective group practice.

Disclaimer:
The Group Worker is published three times a year by the Association for Specialists in Group Work. Editors reserve the right to edit and determine the appropriateness of all material submitted. All material submitted to The Group Worker should be accompanied by a name, address, and phone number. It is the responsibility of the contributing writer to check the accuracy of the material submitted. Material submitted by a contributor is the expression of the contributor and is not necessarily the official position of The Group Worker or the Association for Specialists in Group Work. Acceptance of advertising does not constitute endorsement or approval by the Association for Specialists in Group Work of any advertised service or product. ASGW reserves the right to reject and/or edit all copy. All material must be submitted to Sheri Bauman, Educational Psychology Dept., The University of Arizona, Tucson, AZ 85721-0069, Office: 520-626-7308, FAX: 520-621-2909, sherib@u.arizona.edu.